Cleaning checklist

	Room	Task	Next date
☐	Kitchen	Wipe the counters and sink after each use	
☐	Kitchen	Wash cutting boards and utensils with hot soapy water after each food	
☐	Kitchen	Wipe fridge spills straight away; check it stays at 40 °F (4 °C) or below	
☐	Kitchen	Launder cloth kitchen towels often, on a hot cycle	
☐	Bathroom	Clean the toilet, sink, counter, mirror and tub every week	
☐	Bedrooms	Change the bed sheets every week	
☐	Living areas	Dust surfaces every week	
☐	Whole home	Wipe light switches, doorknobs and counters regularly and after visitors	
☐	Whole home	Test the smoke alarms every month	
☐	Laundry	Clean the dryer lint screen before or after every load	
☐	Whole home	Change the furnace or air conditioner filter monthly, or as its maker says	
☐	Windows	Wash the windows each spring or when they need it	
☐	Pantry	Clear out expired food from the cupboards	
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