Grocery list by category

	Item	Quantity
	FRUIT	
☐		
☐		
	VEGETABLES	
☐		
☐		
	MEAT, FISH AND EGGS	
☐		
☐		
	BEANS, NUTS AND TOFU	
☐		
	DAIRY	
☐		
☐		
	BREAD, RICE AND PASTA	
☐		
☐		
	FROZEN	
☐		
	PANTRY STAPLES	
☐		
	SNACKS AND DRINKS	
☐		
	HOUSEHOLD	
☐		
☐		