

Camping packing list

	Category	Item	Packed
☐	Navigation	Map, compass and GPS	
☐	Sun protection	Sunglasses, sunscreen and a hat	
☐	Extra clothing	Jacket, hat, gloves, rain shell and layers	
☐	Light	Flashlight or headlamp, spare batteries	
☐	First aid	First-aid kit	
☐	Fire	Matches or lighter, fire starter	
☐	Repair kit and tools	Duct tape, knife or multi-tool, scissors	
☐	Food	Meals plus extra food	
☐	Water	Water, and a filter or treatment	
☐	Emergency shelter	Tent, space blanket, tarp or bivy	
☐	Sleeping	Sleeping bag and sleeping pad	
☐	Cooking	Stove, fuel, pot, utensils	
☐	Camp	Campsite reservation or permit	